



IN-STUDIO CLASSES

June 1st - 30th, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:00-4:45 Centered Kids and Beginners	4:00-4:45 Centered Kids and Beginners	4:00-4:45 Centered Kids and Beginners	4:00-4:45 Centered Kids and Beginners	4:00-4:45 Stripe Clinic	9:00-10:15 AM Adult BJJ & Centered Kids BJJ
4:45 - 5:30 Level One and Two Karate	4:45 - 5:30 Level One and Two Karate	4:45 - 5:30 Level One and Two Karate	4:45 - 5:30 Level One and Two Karate	5:00-6:00 Black Belt Training/Prep	10:30-11:30 AM Kids Brazilian Jiu Jitsu
5:30 - 6:15 Level Three and Four Karate	5:30 - 6:15 Level Three and Four Karate	5:30 - 6:15 Level Three and Four Karate	5:30- 6:15 Level Three and Four Karate		
6:15-7:15 Black Belt Prep 6:00-7:30 Mixed BJJ	6:15-7:15 Teen/Adult Karate 6:00-7:00 BJJ Open Mat	6:15-7:15 Black Belt Prep 6:00-7:30 Mixed BJJ	6:15-7:15 Teen/Adult Karate 6:00-7:00 BJJ Open Mat		

www.centerpointmartialarts.com

65 Gray Rd, Falmouth ME 04105 (207) 536.1363



Creating boundless
possibilities to live
extraordinary lives.