



## IN-STUDIO CLASSES

Effective April 28th, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:00-4:30 Centered Kids and Beginners	4:00-4:30 Centered Kids and Beginners	4:00-4:30 Centered Kids and Beginners	4:00-4:30 Centered Kids and Beginners	4:00-4:45 Stripe Clinic	9:00-10:15 AM Adult BJJ & Centered Kids BJJ
4:30 - 5:15 Level One and Two Karate	4:30 - 5:15 Level One and Two Karate	4:30 - 5:15 Level One and Two Karate	4:30 - 5:15 Level One and Two Karate	5:00-6:00 Black Belt Training/Prep	10:30-11:30 AM Kids Brazilian Jiu Jitsu
5:15 - 6:00 Level Three and Four Karate	5:15 - 6:00 Level Three and Four Karate	5:15 - 6:00 Level Three and Four Karate	5:15 - 6:00 Level Three and Four Karate		
6:00-7:00 Black Belt Prep Mixed BJJ	6:00-7:00 Teen/Adult Karate BJJ Open Mat @ 6PM	6:00-7:00 Black Belt Prep Mixed BJJ	6:00-7:00 Teen/Adult Karate BJJ Open Mat @ 6PM		

[www.centerpointmartialarts.com](http://www.centerpointmartialarts.com)

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Creating boundless  
possibilities to live  
extraordinary lives.